

General Meeting Topic

This month we are meeting at Shonai Ryukuchi Park to have a fabulous social gathering and delicious BBQ food.

Please sign up here if you'd like to be added to the guest list. We will view the cherry blossom in the park after lunch too.
Sign-ups close at 5pm on April 1st.

When and where:

April 5th 10:30 am to 4pm (please feel free to come and go as you please).

Meet in the BBQ area Shonai Ryokuchi

<https://bbqcanvas.jp/shonairyokuchi/>

Guests and fees:

Membership Fee 1700 yen

Guests and children are welcome.

Guest Fees 2200 yen

Children under 13 Fees 500 yen

Children over 13 Fees 1700 yen

Address:

3527 Shikichi, Kami-Otai, Yamada-cho,
Nishi-ku, Nagoya-shi, Aichi 〒452-0818

By Train Naka-Ota Station

By Subway Shōnai Ryokuchi Kōen Station



Message from the Board Members



Ciao Ladies,

My name is

Samantha Brunner, and I am

delighted to have the opportunity to introduce myself. I have been living in Japan for a little over a year now, along with my loving husband and our two adorable kitties.

I was born and raised in Fort Worth Texas however, I have had the privilege of living in Africa, Italy, and now Japan. It's been an incredible journey that has enriched my life in countless ways.

Food to me, is a powerful tool for learning about different cultures that reflect the history, traditions, and values of the people.

I am honored to be a part of CCEA and its community of amazing women. As someone who values growth and learning, I am eager to pursue new and tasty experiences with all of you!

SNEAK PEEK - May General Meeting

After the roaring success of our last cooking class we will be hosting another. This time Yahayra will be providing us with delicious mouthwatering dishes from South America to cook together and eat together. Come and join us for this tasty event ...

Sign up for your space to learn some new recipes! - Check your email!

If you have any topics you would like to share during our General Meetings this year, email us at nagoyacce@gmail.com

SAVE THE DATE - IMPORTANT REMINDERS

General Meeting:

April 5, May 10, June 7
September 6, October 4, November 8

Board Meeting:

April 12, May 17,
June 14, August 16, September 13,
October 11, November 15, December 13

Holiday Luncheon:

December 6th

Book Club:

April 1st

Photography Club:

TBA

Ikebana and Calligraphy:

April 20

Crochet and Turkish Oya

April 19

Restaurant Hunters

April 16th

Arts Club

TBA

Happy Hour Hunters:

TBA

Yamato-E:

April 11th, 26th

Day Trips:

April 10th

Kimekomi:

April 17th

Pilates:

April 22

Language exchange

April 9th

Community Service

TBA

APRIL BIRTHDAY ANNOUNCEMENTS

Stormy 1st
Gokcen 16th
Fumika 20th
Sattiko 22nd

Shannon 3rd
Fumiko 30th



CROCHET AND TURKISH OYA

This craft class will include crochet and Turkish Oya (lace). Let us make our very first scarf or lace together! Everyone is welcome - all abilities are catered for. There will be a basic supply list provided when you sign up - items available on amazon.

Meets: April 19th 10am to Noon

Place: Omurs's house

For more information please contact:
Omur - omurjapan@gmail.com
Jean - jealo_zemper@yahoo.com

COMMUNITY SERVICE

Let's work together and give back to our local communities!

Meets: TBA

Place: TBA

For more information please contact:
Crystal Davila nickcrys@sbcglobal.net

LANGUAGE EXCHANGE

Come along and practise your English or Japanese, or both! We will spend 30 minutes speaking solely in English and 30 minutes in Japanese so that everyone can work on having conversions in each language. Everyone / any level is welcome.

Meets: : April 9th 10:30-11:30

Place: Nagoya International Center

For more information contact:
Jenny Loveridge jenny.loveridge@gmail.com

BOOK & ART CLUB

“ The Friend ”

By Sigrid Nunez

Please don't worry if you haven't finished the book, come join in the discussion. Events will be emailed to group members.

Meets: 10am-11:30am, April 1st

Place: Aichi International Plaza 1st Floor Large Meeting Room
-5-minute walk from Nagoyajo Station, Exit 5, (Meijo Line)
-Free parking spaces are available

For more information please contact:
Helen Saito: lanisaito@gmail.com
Shuuko Adachi: shuukosaku@gmail.com

HIKING & DAY TRIPS

We travel to a different destination each time and enjoy a variety of activities and workshops. Each trip will have its own set-up, details and sign up link. Details will be sent to group members by email.

Meets: April 10th

Place: TBA

For more information please contact:
Yenling Chou: kenychou123@gmail.com
Kerry Holdcroft: kpruce@gmail.com

PILATES

When you are young, it's common to do some sports. However, after graduating from school, you have less exercises because of many things to do, which results in weaken muscle. Pilates exercise focuses on strengthening the abdominal muscle and increasing flexibility of the spine.

Meets: April 22nd

Place: Zoom

For more information please contact:
Misako Tamimoto:
lodgemigreens@hotmail.com

PHOTOGRAPHY

Would you like to go out with your camera? It doesn't matter if it's an SLR camera or a smartphone camera. Let's enjoy taking photos and improve your camera skills! In May we will learn the photo editing app: Snapseed

Meets: TBA

Place: TBA

For more information please contact:
Chihiro Okuno stepupchihiroo@gmail.com

IKEBANA & CALLIGRAPH

It is more than simply putting flowers in a container. It is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together.

Class is limited to 6 persons. Events currently posted on the CCEA Ikebana and Calligraphy Facebook page.

Meets: April 20

Place: 10am

Fee: ¥2,200-2,380

For more information please contact:
Ikebana Class CCEA - FB Group
nagoyaceea@gmail.com

Calligraphy is an artistic way of writing and drawing using proper brush strokes, supplies and ink. There are three different styles of calligraphy which will be taught; traditional, stylish, and artistic.
Class is limited to 6 persons.

Meets: April 20

Place: 11am

Fee: ¥1100

For more information please contact:
Calligraphy Class CCEA - FB Group
nagoyaceea@gmail.com

RESTAURANT HUNTERS

...seeking all adventurous foodies

Lets traverse the culinary world of Nagoya sampling exciting flavors and creating connections through food

Meets: April 16th

Place: TBA

For more information please contact:
Samantha Brunner
samnkoon@gmail.com

KIMEKOMI

Learn to cover wooden forms with fabric to create beautiful dolls, animals, balls, and much more.

For beginners, I will accompany them to the kimekomi shop to help with supplies. Start up fee 1,500 yen.

Meets: 10am-noon, April 17th

Place: Jenny's House

For more information please contact:
Jenny Loveridge jenny.loveridge@gmail.com

YAMATO-E

Are you interested in experiencing Japanese culture through painting? If so, come join the Yamatoe-e group and learn very authentic Japanese art. Painting themes are various from seasonal events such as 'Hinamatsuri' to people's activities in and around Heiankyo(Kyoto) in the Heian Period. It must be exciting to explore how to use brushes and to do coloring with special pigments called 'Gansai'. Everyone is welcome to try it

Meets: 10:30am-12:30, April 11th & 26th

Place: TBA

Fee: ¥300

For more information please contact:
Yoko Kodera: yokoyamatoe@i.softbank.jp

HAPPY HOUR HUNTERS

Let's explore Nagoya to find a relaxed atmospheres at the end of week to get together around a glass of drink.

Partners and guests are welcome to attend!

Meets: 6:00pm-8:00pm, TBA

Place: TBA

For more information please contact:
Gwyn Wilson:shadow.frau@gmail.com
Ayuko Horibe: iyoucoco@gmail.com

TURKISH COOKING

Merhaba! Come explore the Turkish culture through cooking and crafts. Each month we will either cook a Turkish dish or create a Turkish craft with our teacher, Omur, who is from Turkey.

Meets: TBA

Place: TBA

For more information please contact:
Omur Certin: omurjapan@gmail.com

SPORTING EVENTS

Experience the fun, joy, and community of professional sports! No need to know anything about the sport. All you need is a willingness to cheer loudly!

Meets: TBA

Place: TBA

For more information please contact:
Manya Shorr manyadanielle@gmail.com



BABYSITTING

We are looking at new options for 2024. We want to provide space for our members with children. If you have any suggestions or recommendations for us to provide affordable child care during our events, please contact us at nagoyaccea@gmail.com

APRIL 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Book Club 10am-11:30am				General Meeting 10:00am-4pm
8	9	10	11	12
	Language Exchange 10am-noon	Day Trip All day	Yamato-e 10am-noon	Board Meeting 10:00am-1pm
15	16	17	18	19
	Restaurant Hunters 11am-1pm	Kimekomi 10am-noon		Crochet and Oya 10:00am - noon
				20
				Ikebana 10am-11am Calligraphy 11am-noon
22	23	24	25	26
Pilates 10:30am-11:30am				Yamato-e 10am-noon
29	30			

BOARD MEMBERS

President: Gwyn Wilson
Vice President: Fumika Kusano
Program Coordinators:
 Wetty Tokuhisa, Samantha Brunner
 Crystal Davila
Membership Coordinators:
 Rasita Craig

Financial Coordinators: Sakiko Kato
Administrator:
Marketing Coordinators: Kerry Holdcroft
Recruitment Coordinators:
Catering Coordinators:
 Naomi Hasegawa, Chihiro Okuno

If you are interested in volunteering as a Board Member this year, please contact us for more info!
nagoyaccea@gmail.com